



# “GAINING STRENGTH”

EPHESIANS 3:14-21

20 JANUARY 2019

*‘Seven days without God makes one \_\_\_\_\_’*

*“Though you haven’t seen him, you love him, and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy” 1 Peter 1:8*

## Our Father’s Family (v.14-15)

*“Jesus said to them, “If God were your Father, you would love me”  
John 8:42*

See also: 1 Corinthians 15:23-24

## What's going on inside (v.16)

*“Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.”*  
2 Corinthians 4:16

## Christ dwelling in our hearts (v.17)

See also: Romans 8:15b-16  
By the Spirit we cry “Abba, Father”

## “Rooted and established in love” (v.17)

“Together with all the saints” (v.17-18)

“Love that surpasses knowledge” (v.19)

*“At that time, Jesus, full of joy through the Holy Spirit, said “I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was your good pleasure.” Luke 10:21*

**His plan for the church, His plan for you (v.20-21)**

- He's able to do “immeasurably more” than **you** ask or imagine.
- It's for **His glory in the church...** throughout all generations.

Get thinking...

*Are you filled with our Father's love?*



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## Growth group questions

You'll find it helpful to have heard the talk—have a listen at [bit.ly/hsbctalks](http://bit.ly/hsbctalks).

*Some of these questions are personal and others are more general. Feel free to pick and choose which questions your group will find most helpful.*

1. Read Ephesians 3:14-21. What 2 things does Paul pray for?
2. Why do you think Paul prioritises this sort of prayer?
3. What do you tend to pray for most?
4. Read Ephesians 1:17. Do you ever pray these things for yourself or for others?
5. In verses 16, 18 and 20, Paul prays for 'power'. How important do you think it is to rely on the Holy Spirit in prayer? How do we do that?
6. Read verse 19. What do think it means for us to know 'love that surpasses knowledge'?
7. Read Romans 8:14-16. How might spending time in prayer, dwelling on God being 'our Father', be helpful to us?

*Spend some time thanking God together and praying that you might grasp more of His love.*